Why Are We Here?

The two of you did not wake up one day and go from happy to hurting. It was a journey that the both of you have been on for quite some time. As you begin the journey to Rescue Your Marriage Today, it's important to know what has brought you to this point.

1. What have I done to bring us to this point?
2. What do I see as our biggest struggles ?
3. What do I see as our biggest successes ?
4. What have I been hesitant/reluctant to change in myself?

5. What have I been wishing would change?
6. What do I want in our marriage? Proverbs 29:18 KJV - Where there is no vision, the people perish
7. What do I want from our marriage?

When the day is over, let it go. Don't dwell on what you could've or should've done. Tomorrow is another day and another chance.

-Mandy Hale